

Michael Claude Rhoads

Lowell Heiny Hall 410

(970)248-1696

mrhoads@coloradomesa.edu

OBJECTIVE To pursue teaching and research at an excellent university

EDUCATION **Doctor of Philosophy, Educational Psychology**
Emphasis: Learning and Cognitive Processes
Minor: Applied Statistics and Research Methods
University of Northern Colorado, Greeley, Colorado
Graduation: May, 2012

Master of Arts, Educational Psychology
University of Northern Colorado, Greeley, Colorado
Graduation: August, 2006

Bachelor of Science, Psychology
Newman University, Wichita, Kansas
Graduation: May, 2005

HONORS AND AWARDS

Dean's Award: Excellence in Teaching: Non-Tenure Track 2023
Metropolitan State University of Denver, Denver, Colorado
Awarded by Dean John Masserini

RMPA Teaching Poster Award 2023
Sanders, C. E., Michael Rhoads, M. C., Mattingly, S., Maxwell, J., & Greenwood, E. M.
Dying to Know? The Impact of Formal Death Education on Undergraduate Students
Awarded by the Rocky Mountain Psychological Association, Albuquerque, New Mexico

Open Educational Resources Adoption Grant Award Winner 2022
Metropolitan State University of Denver, Denver, Colorado
Awarded by the Open Educational Resources Committee

Excellence in Teaching Award: Part-Time Faculty 2016-2017
Department of Psychology, Metropolitan State University of Denver, Denver, Colorado
Awarded by the Psi Chi International Honor Society

TEACHING EXPERIENCE

Senior Lecturer

2023

Department of Psychological Sciences, Metropolitan State University of Denver, Colorado

- Designed the course and facilitate learning for PSY 2210 Psychology Human Development, and PSY 3010 Research Methods for the Psychological Sciences
- Developed assignments and rubrics for class activities and homework assignments.
- Instructed lectures and demonstrations
- Recorded lectures for online delivery of course content
- Constructed and graded students' assignments, quizzes, and examinations

Category II Lecturer

2021-2022

Department of Psychological Sciences, Metropolitan State University of Denver, Colorado

- Designed the course and facilitated learning for PSY 2310 Statistics for the Social and Behavioral Sciences, PSY 3010 Research Methods for the Psychological Sciences, and PSY 3011 The Lab for Research Methods
- Developed assignments and rubrics for class activities and homework assignments.
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Category II Lecturer

2020-2021

Department of Psychology, Metropolitan State University of Denver, Denver, Colorado

- Designed the curriculum, syllabus, and Canvas Master Course Shell for PSY 3010 Research Methods for the Psychological Sciences
- Facilitated student online learning for PSY 2310 Statistics for the Social and Behavioral Sciences, PSY 3010 Research Methods for the Psychological Sciences, and PSY 3011 The Lab for Research Methods
- Developed assignments and rubrics for class activities and homework assignments.
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Category II Lecturer

2019-2020

Department of Psychology, Metropolitan State University of Denver, Denver, Colorado

- Designed the curriculum and syllabi for PSY 2310 Statistics for the Social and Behavioral Sciences, PSY 2340 Statistics and Research Methods II, PSY 295 Sport and Performance Psychology, and PSY 3010 Research Methods for the Psychological Sciences
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Category II Lecturer

2018-2019

Department of Psychology, Metropolitan State University of Denver, Denver, Colorado

- Designed the curriculum and syllabi for PSY 2310 Statistics for the Social and Behavioral Sciences, PSY 2340 Statistics and Research Methods II, and PSY 295 Sport and Performance Psychology
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Category II Lecturer

2017-2018

Department of Psychology, Metropolitan State University of Denver, Denver, Colorado

- Designed the curriculum and syllabi for PSY 1001 Introductory Psychology, PSY 295 Sport and Performance Psychology, PSY 2330 Statistics and Research Methods I, and PSY 2340 Statistics and Research Methods II
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Affiliate Instructor

2017

Department of Psychology, Metropolitan State University of Denver, Denver, Colorado

- Designed the curriculum and syllabi for PSY 1800 Developmental Educational Psychology and PSY 2110 Educational Psychology
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations

Adjunct Instructor

2017

School of Social Sciences, Front Range Community College, Longmont, Colorado

- Designed the curriculum and syllabi for PSY 102 General Psychology II and PSY 235 Human Growth and Development
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Affiliate Instructor

2016

Department of Psychology, Metropolitan State University of Denver, Denver, Colorado

- Designed the curriculum and syllabi for PSY 1800 Developmental Educational Psychology, PSY 3240 Infancy, and PSY 295 Sport and Performance Psychology
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Adjunct Instructor

2016

School of Social Sciences, Front Range Community College, Longmont, Colorado

- Designed the curriculum and syllabi for PSY 102 General Psychology II and PSY 235 Human Growth and Development
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Category II Lecturer

2015-2016

Department of Psychology, Metropolitan State University of Denver, Denver, Colorado

- Designed the curriculum and syllabi for PSY 1800 Developmental Educational Psychology, PSY 3240 Infancy, PSY 2210 Psychology Human Development, & PSY 3700 The Psychology of Group Prejudice
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Adjunct Instructor

2015

School of Social Sciences, Front Range Community College, Longmont, Colorado

- Designed the curriculum and syllabi for PSY 101 General Psychology I
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Affiliate Instructor

2015

Department of Psychology, Metropolitan State University of Denver, Denver, Colorado

- Designed the curriculum and syllabi for PSY 1800 Developmental Educational Psychology and PSY 3240 Infancy
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Adjunct Instructor

2015

School of Psychological Sciences, University of Northern Colorado, Greeley, Colorado

- Designed the curriculum and syllabi for PSY 500 Educational Psychology
- Developed assignments and rubrics for online assignments, papers, and exams
- Provided feedback and participated in online discussion board posts using Blackboard
- Constructed and graded students' discussion board posts, papers, and examinations

Affiliate Instructor 2014

Department of Psychology, Metropolitan State University of Denver, Denver, Colorado

- Designed the curriculum and syllabi for two sections of PSY 1800 Developmental Educational Psychology and one section of PSY 3700 The Psychology of Group Prejudice
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Adjunct Instructor 2014

Organizational Management, Concordia University Chicago, River Forest, Illinois

- Facilitated the curriculum for four sections of OMP 4235 Research Design and Methodology
- Facilitated assignments and online discussions throughout the course
- Provided feedback to students via email and blackboard on a weekly basis
- Graded students' assignments, quizzes, and papers

Adjunct Instructor 2014

School of Social Sciences, Front Range Community College, Longmont, Colorado

- Designed the curriculum and syllabi for PSY 101 General Psychology I and PSY 226 Social Psychology
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Masters Online Mentor 2013

Office of Extended Studies, University of Northern Colorado, Greeley, Colorado

- Mentored two students on their thesis projects
- Reviewed and edited each students' proposals
- Offered guidance on the methodology and logistics of the thesis project
- Reviewed, edited, and offered suggestions for the final thesis paper
- Graded the final product

Adjunct Instructor 2013

School of Psychological Sciences, University of Northern Colorado, Greeley, Colorado

- Designed the curriculum and syllabi for PSY 540 Principles of Learning and PSY 349 Educational Psychology for Secondary Teachers
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Adjunct Instructor

2012

School of Psychological Sciences, University of Northern Colorado, Greeley, Colorado

- Designed the curriculum and syllabi for two sections of PSY 347 Educational Psychology for Elementary Teachers and three sections of PSY 230 Human Growth and Development
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' assignments, quizzes, and examinations

Teaching Assistant

2011

School of Psychological Sciences, University of Northern Colorado, Greeley, Colorado

- Designed the curriculum and syllabi for PSY 347 Educational Psychology for Elementary Teachers and PSY 230 Human Growth and Development
- Developed assignments and rubrics for class activities and homework assignments
- Instructed lectures and demonstrations
- Constructed and graded students' examinations

Teaching Assistant

2010-2011

School of Psychological Sciences, University of Northern Colorado, Greeley, Colorado

- Designed the curriculum and syllabus for PSY 120 Principles of Psychology
- Instructed lectures and demonstrations
- Constructed and graded students' examinations

Teaching Assistant

2010

Academic Support and Advising, University of Northern Colorado, Greeley, Colorado

- Designed the curriculum and syllabi for two FYE 108 First Year Experience Classes
- Instructed lectures and demonstrations
- Constructed and graded students' examinations, presentations, and participation

Teaching Assistant

2009-2010

School of Psychological Sciences, University of Northern Colorado, Greeley, Colorado

- Designed the curriculum and syllabus for PSY 230 Human Growth and Development
- Instructed lectures and demonstrations
- Constructed and graded students' examinations
- Advised students regarding lessons in PSY 230

Teaching Assistant

2008-2009

School of Psychological Sciences, University of Northern Colorado, Greeley, Colorado

- Designed the curriculum and syllabi for PSY 120 and PSY 230 Human Growth and Development
- Instructed lectures and demonstrations
- Constructed and graded students' examinations
- Advised students regarding lessons in PSY 120

Teaching Assistant

2007-2008

School of Psychological Sciences, University of Northern Colorado, Greeley, Colorado

- Designed the curriculum and syllabus for PSY 120 Principles of Psychology
- Instructed lectures and demonstrations
- Constructed and graded students' examinations
- Advised students regarding lessons in PSY 120

PROFESSIONAL DEVELOPMENT

Metropolitan State University of Denver: Center for Teaching, Learning and Design.

(Spring 2021 – Fall 2021). Proactive Accessibility Certification Workshop.

The Association of College and University Educators (ACUE). (Fall 2020 – Spring 2021).

Effective Online Teaching Practices: Cohort C.

Metropolitan State University of Denver: Center for Teaching, Learning and Design. (July,

2020). Advanced Canvas Training 2020.

Metropolitan State University of Denver. (December, 2020). Autism and Universal Design

Training: An online training developed by Dr. Kristen Gillespie-Lynch, Dr. TC Waisman, Dr. Siva Priya Santhanam, Dr. Iliana Magiati, and a team of collaborators.

Metropolitan State University of Denver: Department of Psychological Sciences (January-

March, 2020). R Package: Statistical Software Training.

Metropolitan State University of Denver: Human Resources (February 16th, 2018). Reducing

Stress through Mindfulness and Meditation.

Front Range Community College, Boulder County Campus: Instructional Design Center:

(February 1st, 2017). Strategies to Use Technology in Your Class.

Metropolitan State University of Denver: Center for Faculty Excellence (February-May,

2016). Just-in-Time Teaching Learning Community.

Metropolitan State University of Denver: Faculty Colloquium (February-May, 2016).

Weekly Faculty Colloquium on Teaching and Research Practice.

Metropolitan State University of Denver: Center for Faculty Excellence and the Office of

Veteran and Military Student Services: (January 14th, 2016). Veteran Student Boot Camp Training.

Front Range Community College, Boulder County Campus: Student Learning Committee:

(February 20th, 2015). The Winter Teaching and Learning Festival.

Concordia University Chicago: Online Certification Course: (November 15th-December

15th, 2013). The Teacher as “Facilitator” in Online Learning.

UNC Scholarship of Teaching and Learning Workshop: (February 14th, 2013). Formative Peer Observation: Dialogue and Action toward the Enhancement of Teaching and Learning.

UNC Center for the Enhancement of Teaching and Learning: (March 12th, 2013). Faculty Forum: What is the SmartBoard and How Do I use It?

UNC Center for the Enhancement of Teaching and Learning: (November 28th, 2012). All the Classroom's a Stage: Techniques for Perfecting Your Performance.

UNC Center for the Enhancement of Teaching and Learning: (November 28th, 2012). Write Away: Polish and Submit Workshop Kick-off.

UNC Center for the Enhancement of Teaching and Learning: (February 23rd, 2011). Using Clickers to Engage Students in the Classroom.

PROFESSIONAL PRESENTATIONS

Sanders, C. E., Michael Rhoads, M. C., Mattingly, S., Maxwell, J., & Greenwood, E. M. (2023, April). *Dying to Know? The Impact of Formal Death Education on Undergraduate Students*. Rocky Mountain Psychological Association (RMPA), Albuquerque, New Mexico.

Barber, M., Trujillo, G., Gruidel, K. A., & Rhoads, M. C. (2023, April). *Yoga Interventions for Perceived Stress: A Meta-Analysis*. Rocky Mountain Psychological Association (RMPA), Albuquerque, New Mexico.

Rhoads, M. C. (2022, April). *The benefits of yoga interventions for anxiety: A meta-analysis*. North American Society for the Psychology of Sport and Physical Activity (NASPSA), Waikoloa Village, Hawaii.

Rhoads, M. C., Erickson, C., & Mortensen, C. (2022, April). *Getting jiggy with Jamovi: Teaching statistics and research methods using an active learning approach and free open-source statistical software*. Rocky Mountain Psychological Association (RMPA), Salt Lake City, Utah.

Fleck Dillen, B., Kool, I., & Rhoads, M. C. (2022, April). *Parental outcomes for mothers who participate in Peloton exercise*. Rocky Mountain Psychological Association (RMPA), Salt Lake City, Utah.

Barber, M., Rhoads, M. C., & Kirkland, R. (2022, April). *Benefits of yoga for depression: A meta-analysis*. Rocky Mountain Psychological Association (RMPA), Salt Lake City, Utah.

- Barber, M., Kool, I., Pina, R., Robinson, W., & Rhoads, M. C.** (2022, April). *The benefits of yoga therapy on anxiety: A meta-analysis*. Rocky Mountain Psychological Association (RMPA), Salt Lake City, Utah.
- Rhoads, M. C., & Elliott, J.** (2022, April). *The relationship between mindfulness, anxiety, & sport performance in golfers*. Rocky Mountain Psychological Association (RMPA), Salt Lake City, Utah.
- Rhoads, M. C., McIntyre, M., Peters, J., Maffeo Masicampo, M., & Heydel, Z.** (2020, October 8-10). *The Monte Carlo casino heist: Using an escape room activity to teach probability* [Poster session canceled]. Society for the Teaching of Psychology's Annual Conference on Teaching (STP-ACT), Pittsburgh, Pennsylvania.
- Rhoads, M. C.** (2020, January). *Student's perceptions of movement-integrated learning in a sport and performance psychology class*. National Institute for the Teaching of Psychology (NITOP), St. Petersburg, Florida.
- Rhoads, M. C., Baker, C., Anderson, M., Aldrich, S., Stewart, M., Gibson-Reinemer, D., & Kirkland, R.** (2019, April). *Exploratory factor analysis of the College Campus Experience Sampling Scale (CCESS)*. Rocky Mountain Psychological Association (RMPA), Denver, Colorado.
- Aggson, T., Abramson, A., Alber, H., & Rhoads, M.** (2019, April). *Student perceptions of movement-integrated learning in the college classroom*. Rocky Mountain Psychological Association (RMPA), Denver, Colorado.
- Salah, S. S., Hidalgo, J., Webster, J., El-Bitar, M., Eccles, R. D., & Rhoads, M. C.** (2019, April). *Examining the implicit theory of ego depletion in an indoor cycling task*. Rocky Mountain Psychological Association (RMPA), Denver, Colorado.
- Rhoads, M. C.** (2019, January). *Participant idea exchange: Teaching statistics and research methods using active learning approaches*. National Institute for the Teaching of Psychology (NITOP), St. Petersburg, Florida.
- Rhoads, M. C.** (2019, January). *The benefits of "Walk and Talk" activities for teaching college-level psychology courses*. National Institute for the Teaching of Psychology (NITOP), St. Petersburg, Florida.
- Rhoads, M. C., Kirkland, R., & Baker, C.** (2018, June). *An examination of movement-integrated learning in the college classroom*. North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Denver, Colorado.
- Sanders, C., & Rhoads, M. C.** (2018, April). *Game on: Using a game-based e-learning tool in the classroom*. Rocky Mountain Psychological Association (RMPA), Denver, Colorado.

- Rhoads, M. C., Baker, C., & Kirkland, R.** (2018, April). *Incorporating movement and exercise into the college classroom*. Rocky Mountain Psychological Association (RMPA), Denver, Colorado.
- Rhoads, M. C., Styles, K., Latimer, M., Sherpa, R., & Villano, C.** (2018, April). *The effects and perceptions of Brain Boosters on the academic achievement of college-aged students*. Rocky Mountain Psychological Association (RMPA), Denver, Colorado.
- Rhoads, M. C., Kusick, M., Yeats, J.** (2018, April). *The effect of Brain Boosters in the college classroom: A pilot study*. Rocky Mountain Psychological Association (RMPA), Denver, Colorado.
- Rhoads, M. C., & Kusick, M.** (2017, October). *Student perceptions of brain boosters in the college classroom*. Northern Rocky Mountain Educational Research Association (NRMERA), Boulder, Colorado.
- Rhoads, M. C., & Antillon, C., Williamson, S., & Whalum, G.,** (2017, June). *Motivational differences between indoor and sand volleyball*. North American Society for the Psychology of Sport and Physical Activity (NASPSPA), San Diego, California.
- Rhoads, M. C., & Antillon, C.** (2016, April). *Athletes' perceptions of motivational differences between indoor and sand volleyball*. Rocky Mountain Psychological Association (RMPA), Denver, Colorado.
- Williamson, S., Whalum, G., & Rhoads, M. C.** (2016, April). *Coaches' perceptions of motivational differences between indoor and sand volleyball*. Rocky Mountain Psychological Association (RMPA), Denver, Colorado.
- Rhoads, M. C., & Morrison, S.** (2014, November). *Who's hot? The science of attraction*. Psych Talks: Front Range Community College, Longmont, Colorado.
- Yeats, J., Rhoads, M. C., Smith, M. & White, L.** (2014, April). *High school volleyball athletes' perceptions of creating and using pre-competition warm-up music*. Association of Health, Physical Education, Recreation, and Dance (AAHPERD), St. Louis, Missouri.
- Rhoads, M. C. & McDevitt, T.** (2013, July). *Implications of the embedded mixed methods design for an experiment in learning to spike in volleyball*. South West District Association of Health, Physical Education, Recreation, and Dance (SWD AAHPERD), Las Vegas, Nevada.
- Rhoads, M. C. & Larson, N.** (2013, June). *A qualitative analysis of learning to hit in volleyball*. North American Society for the Psychology of Sport and Physical Activity (NASPSPA), New Orleans, Louisiana.
- Rhoads, M. C.** (2013, April). *Teaching course content with the use of smartphone-like applications and games*. UNC Teaching and Learning Fair, Greeley, Colorado.

Rhoads, M. C. (2012, June). *Learning to hit in volleyball with verbal and visually-enhanced feedback*. North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Honolulu, Hawaii.

Da Matta, G. B. & Rhoads, M. C. (2011, October). *Awesome volleyball: Teaching volleyball in schools*. Colorado Association of Health, Physical Education, Recreation, and Dance (COAHPERD), Denver, Colorado.

Rhoads, M. C. & Da Matta, G. (2011, January). *Learning to jump serve in volleyball with visual feedback*. (NAKPEHE), Orlando, Florida.

Rhoads, M. C. & Da Matta, G. B. (2011, January). *A meta-analysis of visual feedback in learning motor skills*. (NAKPEHE), Orlando, Florida.

Kirkland, R. A., Pulos, S., Rhoads, M. C., & Schmitt-Wilson, S. (2010, November). *Exercise motivation in older adults*. (2nd Conference on Positive Aging), Vancouver, B.C.

Rhoads, M. C., Kirkland, R. A., Jobes, R. D., & McDevitt, T. M. (2010, April). *Prospective teachers' beliefs about common concepts in an educational psychology course*. (RMPA), Denver, Colorado.

Rhoads, M. C. (2009, April). *Students' preferences for group activities*. (UNC Research Day), Greeley, Colorado.

Rhoads, M. C. (2007, April). *An examination of the characteristics that are viewed as ideal in an effective coach*. (UNC Research Day), Greeley, Colorado.

Rhoads, M. C. (2004, March). *Positive reinforcement in coaching*, Nebraska Psychological Society (NPS/PERK), Kearney, Nebraska.

STATEMENT OF RESEARCH INTERESTS

- The benefits of yoga interventions for mental health
- Classroom engagement, movement, and learning
- Will power and sport performance
- Visual feedback and motor learning
- Music and motivation in sport

JOURNAL PUBLICATIONS

- Rhoads, M. C., Grevstad, N., Kirkland, R. A., Barber, M. E., Myers, S., & Lundstrom, T.** (2023). The benefits of yoga as an intervention for depression: A meta-analysis. *International Journal of Complementary and Alternative Medicine*, 16(1), 19-30. <https://doi.org/10.15406/ijcam.2023.16.00627>
- Rhoads, M. C.** (2022). Mnemonics. In R. A. R. Gurung, & A. S. Richmond (Eds.) (2022). *Encyclopedia of psychology in the real world: Education*. Routledge. <https://doi.org/10.4324/9780367198459-REPRW173-1>
- Rhoads, M. C.** (2022). Observational Learning. In R. A. R. Gurung, & A. S. Richmond (Eds.) (2022). *Encyclopedia of psychology in the real world: Education*. Routledge. <https://doi.org/10.4324/9780367198459-REPRW173-1>
- Rhoads, M. C.** (2022). Physical Education. In R. A. R. Gurung, & A. S. Richmond (Eds.) (2022). *Encyclopedia of psychology in the real world: Education*. Routledge. <https://doi.org/10.4324/9780367198459-REPRW173-1>
- Rhoads, M. C., Kirkland, R. A., Baker, C. A., Yeats, J. T., & Grevstad, N.** (2020). Benefits of movement-integrated learning activities in statistics and research methods courses. *Teaching of Psychology*, 48(3), 197-203. <https://doi.org/10.1177/0098628320977265>
- Yeats, J. T., Demski, R., Paden, B., Rhoads, M. C., & Setiawan, C.** (2019). A critical ethnography through poetic representations of inequity. *Open Access Journal of Biomedical Science*, 1(1), 37-46.
- Yeats, J., Rhoads, M. C., Smith, M. & White, L.** (2014). High school volleyball athletes' perceptions of creating and using pre-competition warm-up music. *Sport Science Review*, 23, 127-150.
- Rhoads, M. C., Da Matta, G. B., Larson, N., & Pulos, S.** (2014). A meta-analysis of visual feedback for motor learning. *Athletic Insight*, 6, 17-33.
- Da Matta, G. B., Gagen, L., & Rhoads, M. C.** (2013). The effect of athletes' perceived ability to perform multiple serving techniques on the development of volleyball expertise: A cross cultural perspective. *Journal of Coaching Education*, 6, 122-134.

SERVICE EXPERIENCE

Treasurer 2023

Rocky Mountain Psychological Association (RMPA)

- Managed the checking and savings account for the organization
- Provided reimbursement for invited speakers and executive committee members
- Attended the annual conference in April

Teaching of Psychology Editorial Board 2021

Sage Publishing

- Completed the peer review for one journal article submission.
- Completed the necessary training to be eligible for peer review.

Annual Teaching Conference Steering Committee Member 2018-2019

Society for the Teaching of Psychology

- Provided monthly input to the committee chair to plan for the 2019 conference
- Assisted in the logistical details of securing the conference hotel
- Evaluated proposal submissions for conference presentations
- Worked the registration table and helped run the conference

Honors Program Thesis Advisor 2018

Metropolitan State University of Denver

- Facilitated the IRB submission process
- Attended bi-weekly meetings
- Assisted with data collection and analysis
- Graded the final oral presentation and written paper

Sport and Performance Psychology Club Advisor 2015-2019

Metropolitan State University of Denver

- Coordinated and attended weekly research meetings
- Attended weekly club meetings
- Facilitated the design, data collection, and presentation of research projects

Educational Psychology Society Treasurer 2011-2012

University of Northern Colorado

- Attended University budget meetings
- Helped in planning events and activities
- Attended bi-weekly meetings

Educational Psychology Society President 2010-2011

University of Northern Colorado

- Coordinated bi-monthly meetings
- Organized research presenters for society meetings
- Attended University budget meetings
- Planned events and activities

VOLUNTEER EXPERIENCE

Food for Thought Volunteer

April 2021

Food for Thought Denver, Auraria Campus, Denver, Colorado

- Packed food bags for children who don't have warm meals to eat over the weekend

Volunteer Mental Skills Coach

August 2019 - November 2019

MSU Denver Tennis Team, Denver, Colorado

- Implemented weekly 30-minute mental skills training sessions
- Collaborated with the coach in planning and implementing the program

Volunteer Mental Skills Coach

August 2018 - November 2018

MSU Denver Volleyball Team, Denver, Colorado

- Implemented weekly 30-minute mental skills training sessions
- Collaborated with the coaches in planning a mental skills program

Volunteer Assistant Coach

August 2005 - May 2007

UNC Volleyball Team, University of Northern Colorado, Greeley, Colorado

- Supervised athletes for team work outs
- Collaborated with the coaches in planning team practices
- Managed drills during practice

Compeer Volunteer

February 2005 - May 2005

Mental Health Association of South Central Kansas, Wichita, Kansas

- Taught guitar lessons to youth with mental health problems
- Facilitated activities for adults at an assisted living facility
- Prepared meals for adults at an assisted living facility

Community Volunteer

January 1999

Mission San Lucas, San Lucas Tolíman, Guatemala

- Aided other volunteers in communicating with local villagers
- Helped dig ditches to provide water to neighboring villages
- Helped harvest coffee beans

Volunteer at Orphanage

November 1998

Esperanza Vida, Puebla, Mexico

- Assisted in electrical maintenance of orphanage facilities
- Participated in activities with orphans