

RACHEL M. EISFELDER, MOT, OTR/L

EDUCATION

Kansas State University, Manhattan, KS

PhD Adult Learning and Leadership

Expected graduation date 2028

2002

St. Ambrose University, Davenport, IA

Master of Occupational Therapy

Research Project: Motivators and Personality Characteristics of Volunteer Leaders: A Pilot Study

1999

Culver-Stockton College, Canton, MO

Bachelor of Science in Psychology

PROFESSIONAL and TEACHING EXPERIENCE

5/2018-Present **Cleveland University-Kansas City, Overland Park, KS**

OTA Program Director

- Program assessment and coordination, accreditation maintenance
- Curriculum and classroom management
- Management and mentoring of OTA faculty and staff, management of budget
- Support students through identification of triggers that may hinder persistence and utilizing faculty and other departments for academic and personal support
- Ensure retention efforts by assessing program curriculum and faculty effectiveness as well as regular mentorship meetings
- Provide curriculum and classroom management
- Instruct students in face to face and synchronous online learning (Courses taught: Mental Health, Principles of OT, Practicum, OT Seminar)

09/2013-

National American University, Independence, MO

02/2018

OTA Program Coordinator

- Planned, developed, coordinated, monitored, and assessed processes within the OTA program
- Mentored the Academic Fieldwork Coordinator
- Critically integrated practice, theory, literature, and research for evidence-based practice
- Utilized different learning styles within the teaching or learning process
- Assisted students with course scheduling and provided guidance in their academic and professional development
- Provided leadership to the OTA program in the form of: Developed processes, mentored AFWC, completed an annual budget, advised students
- Instructed students in a variety of face to face and hybrid courses within the OTA program (i.e. Foundations for OT, Clinical Conditions, Human Movement for Occupations, Evidence-Based Practice, and Psychosocial Practice)

- 09/2012-09/2013 **National American University, Independence, MO**
OTA Academic Fieldwork Coordinator
- Planned, developed, coordinated, monitored, and assessed the Level I and Level II Fieldwork program
 - Developed and maintained written agreements and memoranda of understanding for student fieldwork affiliations
 - Oversaw fieldwork instruction via on-site visits, phone visits and email correspondences
 - Critically integrated practice, theory, literature, and research for evidence-based practice
 - Utilized different learning styles within the teaching or learning process
 - Assisted students with course scheduling and provided guidance in their academic and professional development
 - Educated students on professional behaviors and the culture of occupational therapy
 - Instructed students in a variety of face to face and hybrid courses within the OTA program (i.e. Clinical Conditions, Evidence-Based Practice, and Psychosocial Practice)
- 01/2008-08/2012 **Truman Medical Center Behavioral Health, Kansas City, MO**
Community Occupational Therapist
- Evaluated and treated clients individually
 - Facilitated groups for adolescents through adults
 - Coordinated and educated Level I and Level II Fieldwork students
 - Provided consultation for adolescent and adult programs
 - Chairperson for the Professional Development Committee
- 08/2003-01/2008 **Vera French Community Mental Health Center, Davenport, IA**
Occupational Therapist
- Evaluated and treated clients utilizing group therapy and an eclectic use of theory
 - Organized meaningful and therapeutic programs for occupational therapy groups
 - Participated in the Continual Quality Improvement Committee, Foundation Client Emergency Fund Committee, Outcomes Committee and Communication Committee
 - Facilitated out-patient group and individual treatment
 - Managed occupational therapy supply and Eagle fund budget
- 10/2002-08/2003 **The Aroostook Medical Center, Presque Isle, ME**
Occupational Therapist
- Evaluated and treated patients in the in-patient psychiatric unit utilizing a cognitive disability and model of human occupation approach
 - Participated in the scheduled weekend rotation in Rehabilitation and Skilled Nursing Unit
 - Purchased materials and budget supplies for occupational therapy sessions within the in-patient psychiatric unit

ADDITIONAL TEACHING EXPERIENCE

- 2009, 2010 **Kansas University Medical Center Occupational Therapy Program, Kansas City, KS**
Guest Instructor – Psychosocial OT
- Facilitated discussion of symptoms, assessment and intervention
- 2012-2009 **Rockhurst University MOT Program, Kansas City, MO**

Guest Lecturer—"A day in the Life of a Community Mental Health OT"

- Facilitated a question and answer session to explore occupational therapy and community mental health

2005-2007

St. Ambrose University MOT Program, Davenport, IA**Adjunct Instructor—Psychosocial OT**

- Assisted Assistant Professor with administering Allen Cognitive Level Screening Competencies, teaching group process, facilitating community groups with students and providing feedback to students on community groups
- Developed a special topics class on personality disorders; Developed syllabus and overall course structure and administered all grades

AWARDS

Outstanding Service to the Organization from Missouri Occupational Therapy Association	November 2013
Clinical Instructor Award from Creighton University	May 2011
The Bonnie Danley Fieldwork Educator Award from Kansas University Medical Center	May 2010

MEMBERSHIPS

American Occupational Therapy Association (AOTA)	Current
Kansas Occupational Therapy Association (KOTA)	Current

LICENSURE/CERTIFICATION

State of Kansas	Current
State of Missouri	Current
The National Board for Certification in Occupational Therapy	Current

PUBLICATIONS AND PRESENTATIONS

- Eisfelder, R.M.**, (September, 2022). *Roadmap to OT/OTA Education*. [Conference Presentation]. Kansas Occupational Therapy Association Annual Conference, Wichita, KS.
- Eisfelder, R.M.**, (February, 2022). *Trauma Informed Care*. [Presentation for Diversity Committee]. Cleveland University-Kansas City, Overland Park, KS.
- Hubbard, K.K., **Eisfelder, R.M.**, (September, 2019). *Barriers to OT Practice for Occupational Therapy Assistants: A Survey of AOTA Members*. [Poster presentation]. Kansas Occupational Therapy Association Annual Conference, Manhattan, KS .
- Hubbard, K.K., **Eisfelder, R.M.**, (April, 2019). *Barriers to OT Practice for Occupational Therapy Assistants: A Survey of AOTA Members*. [Poster presentation]. American Occupational Therapy Association Annual Conference, New Orleans, LA.
- Eisfelder, R.M.**, Tosatto, E., and Boone, J. (April, 2017). *Collaborative Fieldwork with OTA students: More IS Better*. [Poster presentation]. American Occupational Therapy Association Annual Conference, Philadelphia, PA.
- Eisfelder, R.M.**, Tosatto, E., and Boone, J. (November, 2016). *Collaborative Fieldwork with OTA students: More IS Better*. [Short Course presentation]. Missouri Occupational Therapy Association Annual Conference, .
- Eisfelder, R.M.** (November, 2015). *Mental Health Toolkit*. [Short course presentation]. Missouri Occupational Therapy Association Annual Conference, .
- Eisfelder, R.M.** (November, 2015). *Trauma Informed Care: What is it and What is the Role of the OT Practitioner?*. [Workshop]. Missouri Occupational Therapy Association Annual Conference, .
- Eisfelder, R.M.** (November, 2014). *Mental Health and Your Setting: It isn't as Scary as You Think: Part Deux*. [Workshop].

- Missouri Occupational Therapy Association Annual Conference.
- Eisfelder, R.M.** (November, 2014). *Stress: The Sensory Frontier*. [Short course presentation]. Missouri Occupational Therapy Association Annual Conference.
- Clarke, L. & **Eisfelder, R.M.** (April, 2014). *How Occupation Enhances Mental Health Among Independent Older Adults*. [Poster Presentation]. American Occupational Therapy Association Annual Conference.
- Eisfelder, R.M.** (April, 2014). *Mental Health and Your Setting: It isn't as Scary as You Think*. [Workshop Presentation]. Missouri Occupational Therapy Association Annual Conference.
- Eisfelder, R.M.** (November, 2013). *Mental Health and Your Setting: It isn't as Scary as You Think*. [Workshop Presentation]. Missouri Occupational Therapy Association Annual Conference.
- Clarke, L. & **Eisfelder, R.M.** (April, 2013). *Supporting the Centennial Vision: Pedagogical Considerations for Non-Traditional OTA Students*. [Poster presentation]. American Occupational Therapy Association Annual Conference.
- Dallas, J. & **Eisfelder, R.M.** (November, 2012). *Trends in Mental Health*. [Workshop Presentation] Missouri Occupational Therapy Association annual conference.
- Eisfelder, R.M.** (August, 2012). *Trends in Mental Health*. [Workshop Presentation]. Kansas Occupational Therapy Association Annual Conference.
- Eisfelder, R.M.** & Gewurtz, R. (2012). *Chapter 9: Mental Health and Work*. In B. Braveman & J. Page (Eds.), *Work: Promoting Participation and Productivity through OT* (pp.198-220). Philadelphia, PA: F.A. Davis Company.
- Eisfelder, R.M.** (October, 2010). *History of Occupational Therapy and how it is used in the Vocational Rehabilitation Process*. [Presentation] Missouri Rehabilitation Association—Kansas City Chapter, Kansas City, MO.
- Eisfelder, R.M.** & Robins, L. (April, 2010). *Creative Media: Using Photostory© With Persons With Mental Illness As A Means To Empower And Tell Their Story*. [Poster presentation]. American Occupational Therapy Association Annual Conference.

LEADERSHIP ROLES

07/2016-01/2018

President for the Missouri Occupational Therapy Association Board

07/2015-06/2016

President- Elect for the Missouri Occupational Therapy Association Board

10/2014- 06/2016

Director of Organization for the Missouri Occupational Therapy Association Board

10/2013-12/2015

Co-chair for the Missouri Occupational Therapy Association Kansas City district board

11/2012-06/2015

Webmaster for the Missouri Occupational Therapy Association (MOTA) Board

01/2009-12/2011

Chairperson for the Professional Development Committee at Truman Medical Center Behavioral Health

08/2008-01/2009

Co-Chair for the Professional Development Committee at Truman Medical Center Behavioral Health

08/2006-01/2008

Secretary for the Iowa Occupational Therapy Association (IOTA)

08/2004-01/2008

Special Interest Section Chairperson for Mental Health for IOTA

References

Christine Urish, PhD, OTR/L BCMH, FAOTA, CCAP
Relationship: Mentor and Colleague
Professor & Doctoral Capstone Coordinator for the Doctor of Occupational Therapy program
Drake University
2507 University Avenue
Occupational Therapy Building #112
Des Moines, IA 50311-4504
Cell Phone: 563.940.8149
Email: Christine.Urish@Drake.edu

Emily A. Ford, Ed.D.
Relationship: Current colleague
Director of Institutional Effectiveness & Assessment
Associate Professor
Cleveland University- Kansas City
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Overland Park, KS 66210
Cell Phone: 913.653.1480
Email: Emily.Ford@cleveland.edu

Cheryl Carpenter-Davis, Ed.D.
Relationship: Former supervisor
Former Vice President of Academic Affairs
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5808 W. 61st Terrace
Mission, KS 66202
Cell Phone: 816.807.0605
Email: cacdavis2005@gmail.com

Jeanne Boone, BA, COTA/L
Relationship: Current colleague
Academic Fieldwork Coordinator for the OTA program
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Cell Phone: 816.728.6844
Email: Jeanne.Boone@cleveland.edu